

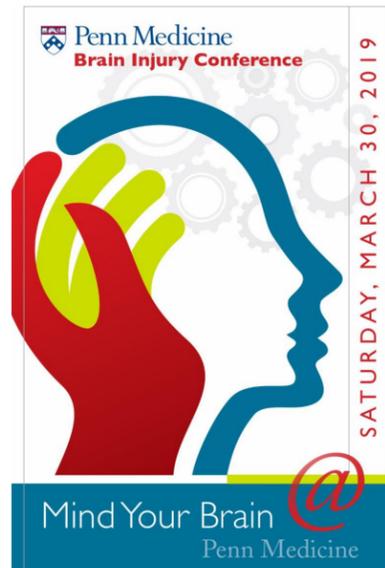
Monthly UPDATE

We hope you enjoy our monthly e-newsletter. If you have questions, concerns, ideas for a feature or want to share your story, please [email us](#).

Mind Your Brain @ Penn Medicine 2019

We are proud to once again be part of the annual Mind Your Brain @ Penn Medicine. This is a free, day-long conference for brain injury survivors, families, caregivers, and healthcare professionals to connect to resources and information that can help on the journey to recovery.

This year, the event will take place on Saturday, March 30 at the Jordan Medical Education Center, located in the Perelman Center for Advanced Medicine. This program will focus on sharing research, insights, and therapies designed to address the personal and medical issues of those impacted by brain injury.



Good Shepherd Penn Partners will be at the event with several of our clinicians to share information about physical, occupational, and speech therapy resources.

[Click here](#) to view the entire event agenda and to register online.



Defining Patient Advocacy

In September 2018, Stanley 'Stan' Carn III, Physical Therapy Aide III, was honored for his commitment to the patient experience by being one of the recipients of the 11th Annual HUP Patient Advocacy Recognition Ceremony.

The Office of Patient Affairs and Patient & Guest Relations recognizes those outstanding partners in patient advocacy among our peers who consistently succeed at making the Penn Medicine Patient Experience a great one.

[Click here](#) to learn about why Stan was nominated for this award and what inspires him to provide outstanding care to patients daily.



Upcoming Throwing Injury Prevention Events

Advances in Throwing: Latest on Injury Treatment and Performance Optimization Symposium 2019

Saturday, March 2, 2019
7:15am - 3:00pm

Smilow Center for Translational Research, Arthur H. Rubenstein Auditorium
3400 Civic Center Boulevard, Philadelphia, PA, 19104

Join Penn Orthopaedics for a dynamic, one-day conference to learn about the latest tools and techniques for enhancing performance and treating injuries in the throwing athlete. This program is intended for athletic trainers, coaches, physical therapists, and physicians.

[Click here](#) to view the event agenda and to register online.

Preventing Throwing Injuries: Free Community Event

Monday, March 18, 2019

7:00 - 8:30pm

Penn Therapy & Fitness West Norriton

2520 West Main Street, Suite 200, Norristown, PA, 19403

Join us for this free event as Dr. John Kelly IV, MD, Medical Director of Penn Throwing Center, Brian Leggin, PT, DPT, OCS, and Brian Cammarota, PT, DPT, ATC, CSCS, share ways to stay healthy playing baseball and softball, preventative exercises, and good throwing mechanics.

[Click here](#) to view the event agenda and to register online.

STAY CONNECTED:

