

Monthly UPDATE

We hope you enjoy our monthly e-newsletter. If you have questions, concerns, ideas for a feature or want to share your story, please [email us](#).

New Outpatient Location

On December 17th, we will officially be opening our 25th outpatient location - [Penn Therapy & Fitness Voorhees!](#)

Penn Therapy & Fitness Voorhees is located at 1020 Laurel Oak Road, in Voorhees, NJ, located right next door to Penn Medicine Voorhees Family Practice.



Our new 4,700 square foot clinic will provide outpatient musculoskeletal, orthopaedic and pelvic floor services. Penn Therapy & Fitness Voorhees will provide outpatient therapy services more convenient to members in Voorhees Township. To learn more about our newest location, [click here!](#)



Breathing Easier

The Specialty Hospital at Rittenhouse awarded Matthew Simmons, RRT, BS, with the organization's second Pulmonary Health and Illness of the Lungs (PHIL) Award.

This award is part of a nationally recognized hospital-based recognition program dedicated to honoring outstanding respiratory therapists, patients, family members and other caregivers.

Matthew was nominated by Deneen Stokes, MSN, RN, PCCN, who works alongside him caring for patients at The Specialty Hospital at Rittenhouse. [Click here](#) to read more about Matthew's commitment to patients and his winning nomination.

Holiday Safety Tips

As the holiday season approaches, you may become more active in ways not typical during the rest of the year.

Gathering those holiday decorations buried in the basement or garage, climbing ladders to hang lights, or cooking a big holiday meal can put you at risk for injury. [Click here](#) to read a special blog post from Mary Fran Madden, OTR/L, CBIS for tips to help ensure you enjoy the holiday season!



STAY CONNECTED:

