

Monthly UPDATE

We hope you enjoy our monthly e-newsletter. If you have questions, concerns, ideas for a feature or want to share your story, please [email us](#).



New Arcadia Location

Penn Therapy & Fitness Arcadia will be moving on March 4th from the Arcadia University Health and Science Center to the Oak Summit Apartment building.

This new space will provide our patients with a larger service area for treatment. Our new location is just a

quick walk or drive away, at 310 South Easton Road, Glenside, PA, 19038.

To learn more about the new clinic space and services offered, [click here](#).

Mind Your Brain 2019

We are proud to once again be part of the annual Mind Your Brain @ Penn Medicine.

This is a free, day-long conference for brain injury survivors, families, caregivers, and healthcare professionals to connect to resources and information that can help on the journey to recovery.

This year, the event will take place on **Saturday, March 30th** at the Jordan Medical Education Center, located in the Perelman Center for Advanced Medicine. This program will focus on sharing research, insights, and therapies designed to address the personal and medical issues of those impacted by brain injury.



Good Shepherd Penn Partners will be at the event with several of our clinicians to share information about physical, occupational, and speech therapy resources. [Click here](#) to view the entire event agenda and to register online.



Recognizing Excellence

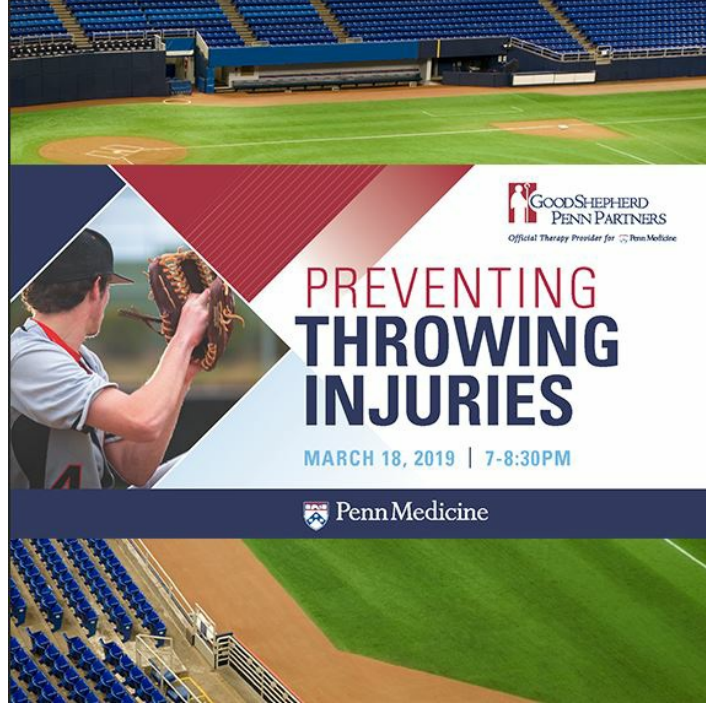
Yarharia Rivera, BSN, RN, Clinical Nurse II, Penn Rehab, was chosen as the DAISY Award winner for Winter 2019. The DAISY Award is a national recognition program that celebrates the skill and compassion of extraordinary nurses.

Good Shepherd Penn Partners is a DAISY Award Hospital Partner, and recognizes one of our nurses with this special honor every quarter.

Rose Desameau, CNA, Penn Rehab, was selected as the Winter 2019 Bee Award winner. Good Shepherd Penn Partners recognizes one of our certified nursing assistants with this quarterly special honor.

The Bee Award celebrates certified nursing assistants who go above and beyond by being exceptional everyday.





**Preventing Throwing Injuries: Free Community Event
Monday, March 18, 2019 7:00 - 8:30pm
Penn Therapy & Fitness West Norriton
2520 West Main Street, Suite 200, Norristown, PA, 19403**

Join us for this free event as John Kelly IV, MD, Medical Director of Penn Throwing Center, Brian Leggin, PT, DPT, OCS, and Brian Cammarota, PT, DPT, ATC, CSCS, share ways to stay healthy playing baseball and softball, preventative exercises, and good throwing mechanics.

[Click here](#) to view the event agenda and to register online.

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