

June Support Group: Adapted Self Defense

March Topic: Adapted Self Defense

Date: Friday, June 7th, 2019

Time: 1:00 - 2:30pm

Location: 3rd Floor Dining Room, Rittenhouse Campus, 1800 Lombard Street, Philadelphia, PA, 19146

Objective: Many people with disabilities feel vulnerable in the community. Please join us for a special presentation from expert martial artist Joe Weber of East West Karate in Warminster as he demonstrates various self-defense techniques for all. Participation is welcome but not required. We look forward to seeing everyone

Our Mission: Through our special combined support group, we provide education and encouragement for patients recovering from spinal cord injury, amputation, aphasia, brain injury, medically complex conditions and stroke.

Let Us Know You're Coming: Please RSVP to Laura Urbanovich or Meaghan Lebrun at 215-893-6324, or via email at meaghan.lebrun@uphs.upenn.edu.

Family members and caregivers are welcome to attend. Discounted parking is available at the parking garage on 17th and South Street.