Yardley

The physical therapists at Penn Therapy & Fitness Yardley are ready to help you regain function, mobility and relief through outpatient physical therapy. Located on the Penn Medicine Bucks County campus, Penn Therapy & Fitness Yardley offers access to a number of Penn Medicine primary and specialty care services in one convenient location.

Address:
Penn Therapy & Fitness Yardley
777 Township Line Road, Suite 180
Yardley, PA 19067
Phone
215-968-0145
Fax
215-968-2498

Together with your doctor, you and your therapist will work together to create a treatment plan customized to your rehabilitation goals, including an exercise and therapy program, education about self-care and injury prevention knowledge.
Yardley Info

Hours of operation:

**Hours By Appointment Monday Through Friday.**

[Download New Patient Welcome Packet]

Cancer
Cancer-Related Fatigue
Musculoskeletal
Foot and Ankle
Gait and Balance
Hand, Wrist and Elbow
Hip and Knee
Joint Replacement
Shoulder
Spine (Neck and Back)
Sports Performance
Neurosciences
Concussion
Movement/ Neurodegenerative Disorders
Stroke
Vestibular/Balance
Specialty
Pelvic Floor
TMD/Jaw Pain

**We'll develop a plan that’s right for you that includes:**

- Activity modification education
- Education to help manage condition
- Post-operative rehabilitation
- Range of motion exercises to regain flexibility
- Strengthening and stretching exercises
- Symptom management education
• Therapeutic pain management

Clinical Certifications & Specialties

• Certified Hand Therapists (CHT)
• LSVT® BIG and LSVT® LOUD certified therapists
• McKenzie certified therapists for the treatment of back, neck and extremity problems

Safety Precautions

All Penn Therapy & Fitness locations are now open. We are taking every precaution to protect your health by providing a safe care environment; the following protocols are now in place:

• All patients and employees are screened prior to arrival.
• All patients and employees are thermal scanned at the door.
• Patients wear masks.
• Providers wear masks, face shields and gloves.
• Strict handwashing/sanitizing is enforced
• Patient arrivals are staggered and changes to the physical layout within our facilities have been made to promote physical distancing
• Deep cleaning procedures have been enhanced